

Philmont Item List	Weight (Oz.)	Notes
Backpack	62.00	
Sleeping pad	16.00	
Sleeping Bag	22.00	
Poly-pro t-shirt, zip-off pants, poly pro boxer underwear, sock liners, gaiters, & socks		Day Wear - 2.0 lbs worn. Long sleeve shirt (UV)
Shorts and shirt for sleeping	8.00	
Light fleece	11.50	
Rain Pants	12.00	
Rain Jacket	16.00	
Thin gloves	3.20	
Fleece hat for sleeping or cold mornings	2.00	
Camp Shoes (crocks/sandals)		16 oz. optional
Hat and Bandana	6.00	
Socks/liners (3), poly pro T-shirt, & zipoff shorts.	12.00	optional extra t-shirt
Toiletries and pack towel	12.00	Toiletries (include sun screen, lip/foot balm, sleep aid & vitaimins)
Watch		worn = 6.5 oz.
Camera	9.00	Disposable camera may be lighter
Trekking Poles	0.00	18.0 oz but not considered pack weight
Pack rain cover/liner	2.00	
Spork	0.30	
Cup	1.80	Cheap lexan cup
Large ziplock bags for day & night clothes	0.40	
Bladder and 2 one-liters Nalgenes	6.00	
Sunglasses with cleaning cloth in soft case	2.60	Sunglasses/case
Flashlight/headlamp with lithium batteries	2.90	
Toilet paper (& trowel)	3.00	
Detailed, local map in plastic bag. Paper/pencil. Stamps and addresses to mail post cards	0.60	Philmont Route Map
Waterproof matches	0.75	
<b>Shared stuff below</b>		
Light-weight tent & ground cloth (shared)	25.00	Tent shared
Camp Suds/hand santiizer - shared	1.50	
Bear Bag & rope- shared	3.50	